

Activity Days for Girls Overview

Purpose - Give girls opportunities to:

interact with each other and **have wholesome fun** by participating in physical, creative, cultural and service activities.

put into action principles taught during Sunday Primary and in their homes.

for **achievement** and **recognition**.

work on activities in **Faith in God** (supports children and parents in this program).

be missionaries by inviting their friends to Activity Days for girls.

When – This is usually held twice a month in a home or at the meetinghouse, on a day other than Sunday.

Leaders are to consider local circumstances. 11.5.2

Who - **Girls** - ages 8-11 – If it is possible, divide into specific age groups .

Activity Day Leaders are worthy adult women, either the girls' Primary teachers or separately called leaders under the direction of the Primary Presidency. 11.5.2

Parents with specific skills may be invited to help. They are also invited to the twice yearly meeting where girls share what they have learned.

Faith in God and Activity Days Orientation

When a girl turns eight years of age, a member of the Primary presidency and the Activity Days leader meet with the girl and her parents to:

Give them a copy of the Faith in God for Girls guidebook and review it with them.

Tell how the Faith in God Award is earned. Activities can be done individually, with the help of family or with the Activity Days group. Progress is recorded in the guidebook. The At-a-Glance form may also be used to track progress.

Explain the purpose of Activity Days and when it is held in your unit.

Invite them to participate.

Encourage parents to help their daughter complete the activities.

Bear testimony of how this program can benefit their lives.

Recognition and Completion

At least **twice a year**, include opportunities for the girls to **share** what they have learned and accomplished.

When all requirements for Faith in God are completed (before 12th birthday), the girl **reviews her activities** and **what she has learned** with her leader. The Primary president and the bishop or branch president **sign the certificate** on the last page of the guidebook.

The girl is **recognized in Primary** by a member of the bishopric, branch presidency or Primary presidency.

(Faith in God for Girls)

Goals

Plan activities that encourage girls to:

- Live the gospel everyday with joy
- Strengthen families
- Fulfill baptismal promises
- Prepare for future roles
- Understand and live

My Gospel Standards

Steps in planning

- 1) Remember the goals
- 2) Consider the needs of the girls
- 3) Plan and carryout activities
- 4) Evaluate your efforts

Planning Resources

- The Faith in God for Girls guidebook
- My Gospel Standards
- *The Friend* magazine
- Outline for Sharing Time
- Family Home Evening Resource book
- Parents and Children



Additional Information

Prayer - Activity Days should open and close with prayer .

Leadership Opportunities - Give girls leadership opportunities e.g. conducting.

Guidelines - Ensure that activities follow the handbook in sec. 11.8.1 and ch. 13.

Budget - The local Primary budget should cover expenses for Activity Days for girls.